

You bet your life ...

By Brig. Gen. William P. Kane 302nd AW commander

I have been donning and doffing chem gear for an awfully long time. I have done it for ORIs, OREs, routine training, for myriad



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requirements. I have used the old floppy boots with the funky laces and the newer slipons. I have been through three generations of gas masks and two of suits. In the end my confidence is based on what my instructors have told me, not on any practical experience. I think my experience mirrors most of our wing members.

Recently I had the opportunity to attend an Army-run class at Fort Leonard Wood in southern Missouri, where the Army's chemical warfare

courses are conducted. The course was a senior officer overview of biological, chemical and nuclear warfare from a defensive focus. There were a couple of days of academic instruction, some medical screening and then exposure to VX and Sarin, two deadly nerve agents in many of our foe's arsenals.

Let me describe my experience. We had blood drawn to get a baseline acetyl cholinesterase level, so in the event of exposure we'd know where we were before exposure. We also filled out a fairly detailed medical screening, followed by an interview with medical professional.

We were exposed to two different chemicals that would be used to test our mask fit. The first is only effective on 80- to 85-percent of the people, so if you didn't choke and gag, at a very low dose, you were exposed to banana ester. Since banana ester is not offensive in small doses the first choice is better. I choked and gagged at the appropriate time.

We next went to the live agent lab where



Lt. Col. Thomas M. Abel (left), 302nd Mission Support Flight commander, and Senior Master Sgt. Janice M. Tucker, 302nd Airlift Wing retention manager, assist one another with chemical warfere gear during a recent Personnel Support for Contingency Operations exercise. (Photo by Tech. Sgt. Tim Taylor)

we had our masks fit in a manner very similar to what we do here. Once the fitting was complete, we went to the locker room and were issued JLIST suits, to include underwear and socks. Obviously, we could not wear anything into the chamber that we expected to take back out into the general public (that seemed like a reasonable precaution to me). Once we were dressed, we were checked by our instructors. I noticed that any nonchalance or cockiness that might normally be exhibited in training was totally absent in the entire class, including me.

We then proceeded to a secondary mask testing area. This time, as we were placed in a room, a cylinder about two feet across and two feet tall was lowered over each of our heads. I felt a little like I was in a Star Trek transporter room. In any case, the noxious gas that we were tested with earlier was sprayed into our cylinder. Any choking and gagging was immediately noticeable. We were asked to read some fine print to insure

You bet continued on page 12

On the cover



Splashdown!

Samantha (left) and Elaine Hayes share a splashing good time in the Peterson Air Force Base swimming pool during the 39th Aerial Port Squadron pool party and potluck April 2. See page 8. (Photo by Tech. Sgt. David D. Morton)

UTA Schedule

Next UTA: May 14-15

June 11-12 July 9-10 Aug. 6-7

The next UTA schedule is printed in more detail on page 14. The Front Range Flyer is mailed each month to all 302nd Airlift Wing members on file with Personnel Systems. If you are not receiving your magazine, check with your orderly room or administration section to ensure your address is correct.

Your 'purpose' drives our family's success

By Chief Master Sgt. Ron Bebow 302nd Maintenance Squadron

Have you ever given thought to what your "purpose" is? I mean, the real reason why you exist and have decided to be a part of the 302nd Airlift Wing?

I suppose the answers would be as varied as there are the amount of people assigned.

whether it be flying our aircraft or whether it be maintaining our aircraft better then anyone else, our purpose for doing those things is because we care for each other and never want to disappoint or "shortchange" our relationships.

Another purpose is because we are family. Families are unique in their relationships. They always support each other and look for the good in each

A second purpose is to ensure you are mentored and provided with every tool you might require to become successful. Third is to always be there and lift you up when you can not stand on your own. Fourth is to always say thank you and recognize your efforts on my behalf. Fifth is to provide an example that my "family" can be proud of. Lastly, to be a chief filled with character, compassion, honesty, integrity and professionalism.



Discovering your purpose is what will make you successful both in your life and your Air Force Reserve career.

What is your purpose for showing up once a month? We certainly come here to train and hone our skills and talents.

More important than that, I believe our "purpose" is to come to work to meet each other's needs. Whether it be to ensure our personnel records are accurate,

family member. Families are always there when the times are tough. Families are always there when no one else is. Families are there to pick you up when you are down. Families are there to protect their members when the world starts to close in around you.

As a chief within the 302nd AW family, my "purpose" is multi-layered. One purpose is to ensure that your needs are met.

Let me leave you with something to think about. When discovering your purpose, contemplate how that purpose will leave a positive legacy within our 302nd AW family. Look for the true purpose in your existence. Look for the opportunity to share your purpose with others.

Thank you for allowing the 302nd AW chiefs to take care of your needs. We appreciate it.

We can overcome any 'Lucifer' in our lives

By Chaplain (Capt.) Tim Wilson

302nd AW Chaplain

It is a traditional struggle. It's gone on for years. It is the battle between canines and men and women dressed in the postal uniform.

These are dogs like the Rottweiler named Chain Saw, or Bear, the dog who actually flattened the tire of a mail jeep with his teeth. There are big and small dogs, all with something to prove. Standing heads and tails above them all was the mightiest dog on the block, a German shepherd with an attitude, aptly named Lucifer.

Postal carriers who walk the suburban routes know the dogs better than their mail patrons. There is a perpetual ritual celebrated six days a week breaking up a dog's monotonous day. It's not the letters they pine after; it is the opportunity to get a piece of that blue uniform. It is the letter carrier they really want,

short pants and all.

It was a beautiful, sunny, spring day, making mail delivery more like a walk than a job. As mailman Tom meandered down the sidewalk, a brown blur made the hair on the back of his neck stand at attention. Lucifer had been in the bed of his master's F-250 pickup truck as it backed out the driveway.

The temptation was too great – no doors, no brick fence, no chain, just Tom the mail carrier and Lucifer the canine – mano y

mano. Through the air Lucifer flew, teeth gleaming in the bright sun; today was the day he would prove the bite behind the bark.

Driven by ancient primordial instincts Tom instantly dashed down the walk. Desperate, he discovered a screen door with the bottom pane open. Embodying the agility of a gymnast, forward he dove, mail bag and all, through the door's open panel. Bouncing across the living room

Lucifer continued on page 7

Summer – a season to exercise off-duty safety

By Lt. Gen. John A. Bradley

Commander of Air Force Reserve Command

WASHINGTON – "There are no second acts in American lives," F. Scott Fitzgerald once wrote.

Memorial Day Weekend signals the start of summer, traditionally a time of fun and sun. During the 101 Critical Days of Summer, we sometimes try to do too much because of the extra sunlight.

Here are suggestions on how to keep healthy and safe this summer:

Alcohol consumption – Don't drink and operate vehicles – automobiles, boats, jet skis, etc. If you drink, do it moderately and always appoint a designated driver.

Traveling – Be sober, vigilant and well-rested. Ensure every-

one wears a seatbelt.

Watercraft – Know your craft and use personal floatation devices. Use caution when operating boats and jet skis, staying away from other boaters, swimmers and jet skiers.

Motorcycles and all-terrain vehicles – Don't operate without proper training and personal protective equipment. Always remain vigilant and drive defensively.

Outdoor activities – Before and after athletic activity, take a short moderate-to-brisk walk to improve circulation rather than stretching, which experts say contributes to muscle strain. Know your limits and don't overdo it. Avoid prolonged exposure to the sun, use sunscreens and drink plenty of water.

Swimming – Swim with a buddy in known waters and

don't drink.

In the past few years we've been made more aware of the need for diligent

force protec-

101 Critical Days of Summer.

Most mishaps involve one or more of the following factors: alcohol, fatigue, darkness, bad weather, poor judgment, inap-

propriate risktaking. Let's use common sense, plan ahead and be prepared.

An "it-willnever-happento-me" attitude is not a guaran-

tee, but a recipe for disaster. Take care of your family and your Air Force
Reserve family. Be alert and prevent incidents that could cause a lifetime of re-

Let's all enjoy the months of summer, but let's enjoy our offduty time responsibly. (AFRC News Service)



We need to apply this same kind of vigilance off duty during the

tion.

Retreat ceremony - origins of an American tradition

By Master Sgt. Michael Blakely 302nd Civil Engineer Squadron

The retreat ceremony is known to have been in use in the American military since the Revolutionary War. At that time it was sounded by drums.

The object of the call was to rally the guards necessary to secure the encampment for the night. It was also a warning to those outside the camp or garrison to return, or else they would be kept outside until the next morning.

The bugle came at a later date.

On Army installations there was a cannon fired with the ceremony. The booming of the cannon could be heard at a greater distance than the sound of a drum or bugle. The bugle call that is sounded at retreat dates back to the time of the Crusades.

When you hear it you are listening to a melody that has come to symbolize the finest qualities of soldiers for nearly 900 years. Retreat has always been at sunset and its

purpose was to notify the sentries to start challenging until sunrise, and to tell the rank and file to go to their quarters and stay there.

In our time the ceremony remains a tradition. The second part of retreat is the play-

The Star Spangled Banner officially became part of the retreat ceremony at Fort Meade, S.D., in 1878 by the remnants of Lt. Col. George Armstrong Custer's 7th Cavalry.

ing of our nation's national anthem. The Star Spangled Banner officially became part of the retreat ceremony at Fort Meade, S.D., in 1878 by the remnants of Lt. Col. George Armstrong Custer's 7th Cavalry.

There are actually two ceremonies for the end of the day – retreat and a tattoo. The distinction between the two was made in the General Orders of the Duke of Cumberland; "the retreat is to be beat at

sunset," whereas, "the tattoo is to be beat at eight, nine or 10 o'clock at night." The tattoo was played each evening when it was time for the soldiers to return to garrison from town. Drummers would march through the streets to let them know it was time to end their evening's activities. It was also a signal to the innkeepers to stop pouring ale, signifying the end of nightly drinking. The provost guard then drew a chalk line across the barrel's bung so it could not be reopened without evidence of tampering (therefore, we have learned retreat is good, tattoo bad).

Over the years in the U.S. military, the custom of the retreat ceremony grew and more musicians were added to the drummers. Today, complete bands play the retreat ceremony with all its pomp and reverence.

So, whether you hear it played by the Air Force Band or over a loud speaker at the end of the day as you face the direction of the music and render a salute, remember with pride the history of one of our oldest military traditions.

Sumit 38 Memorial – a promise kept

By Tech. Sgt. Stefano Collins Front Range Flyer

The 10th anniversary of the Sumit 38 Memorial is rapidly approaching. A remembrance ceremony is scheduled for Saturday, May 14, at 3 p.m.

On May 13, 1995, six wing members were killed when their C-130, call sign "Sumit 38," crashed near Mountain Home Air Force Base, Idaho.

Crew members were Lt. Col. Robert Buckhout, Capt. Geoffrey Boyd, 1st Lt. Lance Dougherty, Chief Master Sgt. Jimmie Vail, Master Sgt. Jay Kemp, and Staff Sgt. Michael Scheideman. A memorial dedicated to their memory is located in the courtyard between Bldgs. 890 and 895.

The memorial will be rededicated during a remberance ceremony officiated by Brig. Gen. William P. Kane, 302nd AW commander.

Chief Master Sgt. Eric P. Deylius, 731st Airlift Squadron, chief of aircrew life support, is one of the primary organizers of the remembrance ceremony. He was also a flight engineer with the 731st AS when the fatal incident occurred.

"Ten years ago, I was returning from an operational mission with the news of the loss of my fellow crew members," said Chief Deylius. "There was a whole group of ops people on the flight line waiting for us. They gave us emotional support when we got off the airplane," he said.

Chief Master Sgt. Ronald E. Bebow, 302nd AW maintenance superintendent, is the other primary organizer of

the cer-

emony. He was also a member of the wing that day and a very close friend of the Sumit 38 crew members.

"I keep their photos beside my desk in my office," said Chief Bebow. "It's the first thing I see when I get here in the mornings and the last thing I see at night when I leave. Every day for the last 10 years, there hasn't been a day that has gone by that I do not think of them," he said.

The memories and emotions surrounding the tragic loss of Chief Deylius' fellow crew members and Chief Bebow's friends underscore the planning for the ceremony.

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demanded," added Chief Bebow.

Family members of the Sumit 38 aircrew are being invited to attend.

Chief Bebow said the 302nd Maintenance Squadron fabrication shop has been refurbishing the Sumit 38 Memorial's scale model C-130 in preparation for the remembrance ceremony. "I've noticed that when the guys are working on the model, there is not any of the usual loud conversation or boisterous behavior. They are very quiet; almost silent," he said. "They also handle the model with respect and tenderness."

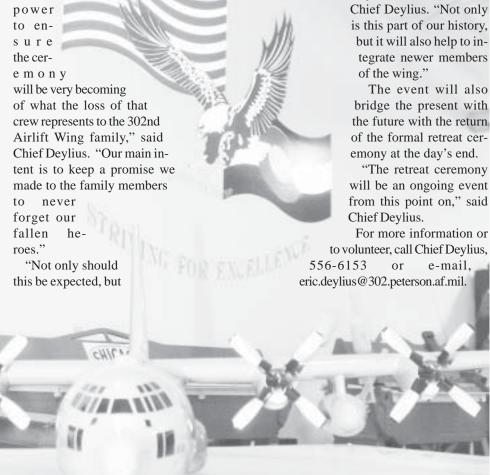
The chiefs' spearheading efforts have created an emerging theme for the ceremony building bridges. The remembrance ceremony will bridge the past with the

present.

"I hope for maximum participation from the wing in honoring the 10th anniversary of Sumit 38," said Chief Deylius. "Not only is this part of our history, but it will also help to integrate newer members of the wing."

bridge the present with the future with the return of the formal retreat ceremony at the day's end.

will be an ongoing event from this point on," said



302nd Airlift Control Flight reaps awards

By Tech. Sgt. Tim Taylor Front Range Flyer

Last year was a good year for the 302nd Airlift Control Flight. Winning a pair of honors recently is proof positive. The unit was named 2004 air Force Reserve Command Airlift Control Flight of the Year and Master Sgt. Jeffrey A. Flight was selected 2004 Air Force Reserve Command Airlift Control Flight Loadmaster of the Year.

The unit award was an early retirement gift for Lt. Col. Michael R. Witherspoon, 302nd ALCF commander, who will end a 30-year military career in June. "There was not a single member of the ALCF whose contributions were not cited in the award package submitted," he said "We are a committed, effective, high-impact unit."

Sergeant Flight pointed out a lot of individual efforts went into earning the unit award. "The individual actions of some of our members reflects on our whole unit," he said. "I think we're starting to come on line. For a year-and-a-half we didn't have any air reserve technicians. As a unit, for the hard work we put in in 2003 and last year, it's a nice reward."

During 2004 the 302nd ALCF participated in nine Global Reach missions spread across five theaters on four continents supporting every armed service of the Department of Defense. These missions moved more than 1,800 passengers and 1,200 tons of cargo utilizing every cargo airframe in the USAF inventory. However, the busy schedule didn't take away from other opportunities

for service. Seven members supported headquarters level operations at Air Mobility Command or joint theater commands. They augmented the Air Force Academy during President's Bush's visit for graduation, supported the president's visit to Chile and pro-

vided 14 weeks of command, operations staff. and crewmember manpower to the 302nd Airlift Wing's busiest wildfire fighting season in history during last summer's 110day Modular Airborne Firefighting System activation.

The 302nd ALCF developed and led

the Operations Group portion of the Wing's annual Ability to Survive and Operate field exercise at Pinon Canyon. The flight also supported the 731st Airlift Squadron's aircrew night vision goggle training program by insuring the effectiveness and safety of the blacked- out ground operations each time the squadron flew away to various isolated desert airfields.

"Your unit has proven itself and set a bar

of excellence for others to follow," said Maj. Gen. David E. Tanzi, AFRC vice commander, in a letter to Colonel Witherspoon. An additional letter to Sergeant Flight, General Tanzi commended the top loadmaster for his "professionalism, leadership and posi-

tive attitude."

Sergeant Flight was a key contributor to the 302nd ALCF's successes in 2004. He's credited with resurrecting the Affiliation Training Program, making it one of the most respected in the AFRC air mobility community. The 302nd ALCF instructors averaged 65 days of classroom train-

ing in 2004, instructing 15 classes for more than two dozen units from the Air Force, Army, Marines and Navy.

"Master Sgt. Flight is one of the most competent and professional NCOs I have ever worked with," said Colonel Witherspoon. It's individuals like he who will be providing the 302nd AW with leadership well into



Left to right, 2nd Lt. Bryan L. Cannady, 302nd Airlift Control Flight command and control, Maj. Jay Learned 302nd ALCF director, and Master Sgt. Maria G. Ortega, 302nd ALCF airfield management technician, await the next scenario during Peak Spirit 05. (U.S. Air Force photo)

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302nd AW Financial Management attempting to ease travel pay burdens

The 302nd Airlift Wing Financial Management office is working to make financial matters for travelers easier. Finance is doing so with the use of standardized accruals and by offering travel voucher help on your government computer Q drive.

Under the direction of the Air Force Accounting and Finance Office, 302nd AW Financial Management is emphasizing the use of a standardized worksheet for travel accrual payments.

You may request travel accruals prior to departure via virtual MPF, by fax or e-mail to their home station financial services officer or through the servicing unit financial services officer.

For more information, contact Bill Curtis, chief of military pay at 556-7442, or stop by the pay office in Bldg. 895, Room 227.

302nd AW Financial Management is also working to help members ensure their travel vouchers are completed prop-

erly. Finance is doing this by offering help through PowerPoint presentations which can be found on your computer Q drive.

The 302nd Airlift Wing Financial Management office has provided wing members with a helping hand for filling out travel vouchers. A PowerPoint presentation is now available on the Q drive. The path to the briefing is Q:\AW\BRIEFINGS\Travel Voucher and Entitlements.

To help you with your travel vouchers a checklist has been created. It can be found at Q:\AW\BRIEFINGS\Travel Voucher Review Checklist.

If you have questions about travel vouchers, contact Master Sgt. Paul Burnett, noncommissioned officer in charge of financial management, at 556-5551, or stop by his office in Bldg. 895, Room 230. (Courtesy of 302nd Airlift Wing Financial Management)

Paging all dental patients

By Tech. Sgt. Stefano Collins *Front Range Flyer*

If you have ever had to undergo a dental exam at the medical clinic during a drill weekend, you already know the waiting is the hardest part. Not anymore, thanks to a brainstorm by one of the wing's communicators.

Senior Master Sgt. Kelli Wolf, 302nd Communications Flight, chief of communications, came up with the idea of issuing old pagers slated for disposal to dental clinic staff members. The staff members issue them to patients waiting for exams. To prevent patients wasting precious time waiting for their turn to be seen, the pagers will enable them to return to work or go to lunch or handle other business. Patients will be paged when it is their turn to be seen, allowing them ample time to return to the dental clinic.

For years, waiting for a dental exam has been a fly in the ointment for both reservists and medical staff. This has been exacerbated with the new requirement of annual physicals. During a drill weekend, the 302nd Aeromedical Staging Squadron performs an average of 200 physicals. The bottleneck of the process was waiting for a dental exam due to the shortage of dental personnel. Sergeant Wolf has experienced this first-hand during her 24 years of military service; however, when it happened to one of her troops, she had an epiphany.

"During the January UTA, one of the communications flight members had a physical scheduled," said Sergeant Wolf. "He left for his appointment shortly after sign-in. I was working late the same day. I had been thinking about cutting back on pagers leased for the Modular Air-

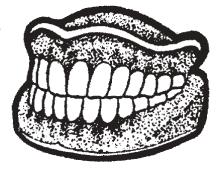
borne Firefighting System rotations because they were being paid for but not used due to expanded cell phone use.

"A little after 5 p.m., the comm troop returned to the office from the clinic. He

said he waited all afternoon for his dental exam. Then it just hit me – why can't these pagers be used at the dental clinic like the pagers at the Outback Steakhouse they give you that buzz and light up when your table is ready?"

The next day, she contacted Senior Master Sgt. Shannon M. Snare, 302nd ASTS, health services superintendent. After devising a process and issuing the equipment and training staff on its use, they implemented the plan during the March unit training assembly.

"It was definitely a great idea," said Sergeant Snare. "We



tested it during the March UTA, but did not use them during the April UTA. We noticed an increase of waiting time to four hours during the April UTA. We project full implementation during the May UTA.

The pagers were not deactivated because they are used for contingencies such as Crisis Action Team activations and back-up for MAFFS rotations. Additionally, at \$600 per year, the cost is nominal.

"I hope it works out well," said Sergeant Wolf. "I think it will have a tremendous impact on the wing; not only on man-hours saved, but in improving morale."

Lucifer continued from page 3

floor, he came to an abrupt stop as his head and shoulders hit the far wall. Two young mothers surrounded by their children watched, wide-eyed in a surreal disbelief. The moment was broken as not so nimble Lucifer struck the screen door full force, making it buckle.

In the chaotic commotion, Lucifer's owner turned the air blue as he dragged Lucifer back to the truck. Among muffed sobs, the mothers tried to console their children. Tom collected himself, apologized for his untimely entrance and with a self -conscious grin and shrug, made his way to the door. Nothing stops the mail – not rain, not snow, not sleet and not even Lucifer.

One especially nice day Tom was greeted by an eerie silence rather than the customary surly growls and ferocious snarls. He could hear faint, raspy whining coming from the side of the house. With the stealth of a secret agent, he warily spied Lucifer dangling over the fence suspended only by his choke chain. Lucifer's hind legs twisted just enough to push him up to gulp a quick gasp of fresh air.

Slowly dropping his mail pouch to the ground, Tom cautiously inched toward Lucifer. Their eyes met, mirroring the distrust both of them felt. Tom slowly slipped his arms around Lucifer's barrel chest, and with one great push and a loud grunt, up went Lucifer. Tom strained as Lucifer went higher and higher finally flopping up over the fence. He heard the dull clicking of claws on the concrete and a hacking, wheezing sound as Lucifer struggled to regain his senses.

What happened next is almost beyond belief. Every day when the mail was delivered, Lucifer would greet Tom with his tail wagging briskly. His eyes would brighten up. If you looked closely, it almost seemed like Lucifer was smiling.

Sometimes, Lucifer would get out from the yard and with what looked like an old TV episode of Timmy and Lassie, Tom and Lucifer would distribute the mail together like life long friends.

The first time Tom told me about this postal adventure I smiled incredulously, "Tom, did that really happen?" "Sure did," Tom reminisced. "I wouldn't lie to a preacher."

Every now and then, I ask Tom to tell me the story all over again; it gets more amusing every time I hear it. In my mind's eye, I can just see Tom standing there in front of Lucifer hanging precariously by his choke chain. It is the moment of truth. Would it be a time of deserved revenge or of uncommon kindness?

Times like that remind me of the Bible's words to the wise, "Do not be overcome by evil, but overcome evil with good (Romans 12:21)."

Do you have any "Lucifers" in your life? It seems counter-intuitive, but why not try giving a little undeserved kindness. You may be surprised with the outcome. Just ask Tom.

APS rewrites record books in Baghdad

By Tech. Sgt. Tim Taylor *Front Range Flyer*

Editor's note – The following article was derived from an e-mail from Senior Master Sgt. Brian Pinsk y of the 39th Aerial Port Squadron.

Members of the 39th Aerial Port Squadron who deployed to Iraq in January are back in the United States. However, their time spent in Iraq will be memorable – not just for the work, but the teamwork as well.

"One team, one fight" is the motto around Sather Airbase and the entire area of responsibility in Iraq. From the moment members of the 39th Aerial Port Squadron arrived at Baghdad International Airport, it has been a true team effort with its activeduty counterparts. "There has been no us and them, no active duty versus Reserve," said Senior Master Sgt. Brian Pinsky of the 447th Expeditionary Logistics Readiness Squadron, "... and everyone here is very proud of that."

During January, the aerial porters were honored to participate in the historical events which made up the first free election in Iraq in over 50 years.

Aerial Port was also asked to assume ad-

ditional cargo operations with respect to ballots. voting material, and voting station kits. "We downloaded Russian IL-76 aircraft loaded with voting material," said Sergeant Pinsky. "Most of these aircraft were floorloaded with boxes or skids of boxes instead of the usual aircraft pallets used by the U.S. Air Force."

Aerial porters transported reserve voting materials in trucks and built the materials onto aircraft pallets. The pallets would be flown anywhere in Iraq with one hour's notice if the main voting material was destroyed or stolen by terrorists. "By the end of the process, our team had built over 50 tons of airworthy reserve voting material with an additional 150 tons partially built awaiting orders to finish it out," he said.

In February, the Aerial Port set the record for monthly passenger movement, transporting more than 32,000 passengers in 28 days, 56 passengers at a time on C-130s. "We broke the record again in March, moving 34,374 people," said Sergeant Pinsky. "Every other day or so, the total number would break the previous record."

Some team members found time to take part in additional activities and training and many seized the opportunity to improve their physical fitness during off-duty hours.

Despite their successes team members are looking forward to returning the United States. "The first team is looking forward to getting out of tents and the dirt and dust," said Sergeant Pinsky before his team returned to Andrews Air Force Base May 7. "The next team has told us they are looking forward to getting into place in Baghdad."

"Knowing the exceptional skills and enthusiasm of our next team, I am sure they will do great things here," added Sergeant Pinsky

"We are proud of what we have accomplished thus far!"



Staff Sgt. Mike Wilson, 39th Aerial Port Squadron air cargo apprentice and his son, Noah, spend quality time together during the 39th APS pool party April 2. (Photo by Tech. Sqt. David D. Morton)

Services flight trio returns home from Kuwait

By Tech. Sgt. Tim Taylor Front Range Flyer

Editor's note – The following article was derived from an e-mail from Tech. Sgt. Robert Bostick of the 302nd Service Flight.

Three 302nd Services Flight members will return home May 11 following four months at Ali Al Salem Air Base, Kuwait.

While there they filled different roles for the 386th Expeditionary Services Flight. Tech. Sgt. Robert Bostick was the night shift manager for the Desert Winds Dining facility. Senior Airmen Patricia Rojero and Guadalupe Sojo served as fitness and recreation specialists, respectively. While their roles varied, one aspect did not – each worked more than 40 hours per week. Every service member had access to fitness, recreational and educational programs, and chapel services. They were allowed Defense Switched Network and long distance phone use, and computer access, to stay in touch with family and friends.

Subway or Pizza Hut food was available and there were specialty meals offered at the dining facility.

The trio participated in rotator escort duty, protecting the Air Force's most valuable resource – its people.

At the fitness center, Airman Rojero helped improve fitness center operations and promote base fitness. She assisted with six basewide/coalition fun runs and a Survivor Fitness Challenge. She weight-trained base personnel, contributing to healthy

lifestyle changes, and maintained over \$150,000 worth of fitness center equipment.

Airman Sojo worked at the FLEX Center, providing for the morale needs of U.S. and coalition forces. She controlled recreation assets valued at \$40,000 and ensured rigid quality control standards were enforced.

Sergeant Bostick learned all facets of the dining facility operation while supervising five members from different units. The primary hazardous materials representative, he accomplished a continuity binder and inventory of hazardous chemicals.

He also served as the noncommissioned officer in charge of the base honor guard, esponsible for scheduling more than 20 promotion/retreat/awards ceremonies and for training team members.

American Red Cross continues tradition of assistance

By Tech. Sgt. David D. Morton

Front Range Flyer

Editor's note – This month begins a series of articles providing information for families of deployed members.

The American Red Cross has a longstanding tradition. It is one of assisting military members during emergency situations both within the United States and overseas. It provides a direct link between the service member and their families, and the importance of its mission can't be over emphasized.

"Red Cross emergency communications is a must-know service all military members and their families should be aware of," said Kenneth Romero, American Red Cross station manager for Peterson Air Force Base and the Air Force Academy. "Through a network of more than 900 chapters and stations, it is the one agency mandated by a congressional charter best equipped to obtain and verify information efficiently and effectively to aid military commands in making leave decisions."

Emergency leave situations may include death, very serious illness or injury to a family member and other family emergencies. The Red Cross has delivered birth announcements and assisted when breakdowns in child-care services have developed.

"In addition to emergency communication, the Red Cross provides access to the aid societies, such as the Air Force Aid Society, in assisting families financially during emergency situations," said Mr. Romero. "This is especially important for family members not located near a military base. The Red Cross also acts as a referral agency to

help families find lo-

cal resources needed

beyond the scope of

The service ex-

tends far beyond the

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United States and it's

not uncommon to

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American Red Cross

where in the world.

"We have staff stationed on military installations worldwide," said Mr. Romero. "Currently there are Red Cross caseworkers deployed in Iraq, Afghanistan, Kuwait, Europe and Asia. I've also served two sixmonth deployments to Iraq, living and working along side the military."

With so many Red Cross locations dispersed throughout various locations worldwide, contact with an agency should not be a problem for anyone needing assistance.

"The Red Cross is in place to provide additional support to the deployed military family," said Mr. Romero, "be it a listening ear, an emergency situation, or helping them access local community resources in their area."

When contacting the Red Cross be prepared to provide the following information: the name of the service member, social security number, rank and the branch of service with a military address. Do not provide a home address or post office box number.

Families needing assistance can contact a local American Red Cross Chapter for assistance. If unsure of the local number, a toll-free number is available at 1-877-273-7337. The number is available 24 hours a day, seven days a week.

"Our services remain the same, regardless of where the military member is located," said Mr. Romero. "What is important is the family knows how to reach their local Red Cross."

Red Cross, AAFES team up to help Americans support troops

By Tech. Sgt. David D. Morton *Front Range Flyer*

The American Red Cross has partnered with the Army and Air Force Exchange Service. They together offer Americans a way to support the troops serving in Operations Iraqi Freedom and Enduring Freedom, according to Kenneth Romero, American Red Cross station manager for Peterson Air Force Base and the Air Force Academy.

The Help Our Troops Call Home Program allows people to purchase a military prepaid phone card for U.S. troops stationed overseas. The program makes it easy for deployed military members to call home. Hearing a familiar voice is one of the best ways to boost morale and feeling of well being for our troops. Though the cards are widely sold by other retailers, AAFES offers the best value with lower rates and connection charges. This initiative offers phone cards that do not expire. To order the 550-Unit Military Exchange Prepaid Phone Card, visit www.aafes.com or call 1-800-527-2345.

Nextel also sponsors a program in Support of the American Red Cross Armed Forces entitled DONATE A PHONE®. Americans can support military members and their families by donating old wireless phones from any manufacturer to any of

Nextel's 700 retail stores.

Last year the Red Cross partnered with AAFES for Gifts from the Homefront, a program allowing service members to purchase convenience items from Post Exchange and Base Exchange facilities around the world. Gifts from the Homefront certificates can be purchased from AAFES by friends and families or groups and addressed to "any service member." Charitable partners including the Red Cross, USO, Air Force Aid Society and Fisher House then distribute the certificates. For more information, www.aafes.com or 1-877-770-4438.

The multi-platinum country recording group SHeDAISY has

partnered with the American Red Cross to raise funds and awareness to support active personnel, members of the National Guard and Reserves and their families through Red Cross military support services. The first initiative of the program is a bracelet that can be purchased on through www.shedaisy.com, with all proceeds going to AAFES. The bracelet has "Come Home Soon" written on it, a reference to SHeDAISY's single about a woman trying to carry on with her life while her husband is deployed overseas.

More information about these programs can be found on the AAFES website at www.aafes.com.

Health officials recommend fitness changes

Force is adding height and weight

back into the standard to

accommodate Airmen unable to

obtain the minimum abdominal

circumference but are still at a

By Tech. Sgt. David A. Jablonski Air Force Print News

WASHINGTON—Air Force health officials recommended seven changes to the fitness program during the program's first annual review.

This first annual assessment consists of reviews by three panels: functional, external and leadership, said Lt. Col. Sherry Sasser, chief of health promotions for the Air Force surgeon general. Air Force officials conducted the functional review while experts from outside agencies and universities gave their opinion in an external review.

The leadership review began in late April. Commanders and senior enlisted leaders will be randomly selected viae-mail to take a Web-based survey. The survey data will be compiled and forwarded to Air Force Chief of Staff Gen. John P. Jumper.

One consistent aspect of the program, however, is that Airmen worldwide are embracing fitness as a way of life.

"We are seeing a change in the culture of the Air Force," Colonel Sasser said. "Gyms are being used morning, noon and night and are packed. Units are running together. It's wonderful to see."

In the interest of fostering the positive trend, officials said they are considering the following changes to better the program.



Members of the 302nd Security Forces Squadron perform the 1.5 mile fitness run last summer. Reservists in the 302nd Airlift Wing could see lengthened run times for tests conducted at higher elevations if changes recommended by Air Force health officials are accepted. (Photo by 2nd Lt. Jody Ritchie)

Award full points on the body composition component of the test if the body mass index is within a healthy range. The Air National Institute of Health officials define an index of less than 25 as a normal or healthy weight.

Move the waistcircumference measurement to a controlled area for people rated poor or marginal and are being retested to reduce inconsistencies.

➤ Lengthen run times for tests conducted at higher elevations. ➤ Retest Airmen who are rated "marginal" at 90 days instead of 180 days.

➤ Promote nutrition as an important aspect of education and intervention.

Emphasize regular physical training rather than test results.
Reinforce commanders' accountability.

A proposed change to weighing the programs components at 60-20-10-10 instead of the current 50-30-10-10 was rejected. The weighted areas, expressed in percentages, correspond to the run, waist measurement, crunches and pushups.

Two smaller changes will be made to the assessment criteria. Values for females aged 50 to 54 were not consistent with all other age categories, so officials will adjust the criteria according to American College of Sports Medicine standards. A category was also added for people older than 60.

The program changes are expected to be implemented in June, officials said.

Tricare Reserve Select extends care for activated reservists

WASHINGTON – Health care for reservists received a booster shot April 25. That's when a premium-based health care plan started for those activated for a contingency anytime since Sept. 11, 2001.

Department of Defense officials announced Tricare Reserve Select at a Pentagon news conference March 24.

"We are committed to providing the proper combination of compensation and benefits that will allow us to attract and retain the world's best fighting force," said Charles Abell, principal deputy undersecretary of defense for personnel and readiness.

TRS offers a bridge for reservists entering or leaving active duty who are not covered by a civilian employer or other health insurance plan. It's similar to Tricare Standard and comparable to the Blue Cross and Blue Shield Plan for federal employees.

Monthly premiums for a reservist are \$75. A reservist and family pays \$233. Premiums will be adjusted annually.

Reservists earn one year of care for every

90 days of continuous active-duty service and every year of service commitment.

Coverage ends when the service agreement ends. It stops sooner if the reservist separates from the Selected Reserve, voluntarily withdraws from the program or fails to pay the monthly premiums.

The Tricare Web site, www.tricare.osd.mil/reserve/reserveselect, has details. To get updates by e-mail, subscribe to www.tricare.osd.mil/tricaresubscriptions. (AFRC News Service)





Bill Schultheis (right) shows his form for the Society for the Prevention of Cruelty to Pins team (Photo by Tech. Sgt. Stefano Collins)

Late frame heroics help Services capture title

By Tech. Sgt. David D. Morton *Front Range Flyer*

If there's ever a climactic finish to a sporting event, James Malone knows how to provide one. He was part of the five-man Services bowling team competing in.

Anchoring the Services team as its fifth and final bowler during the 4th Annual Bowling Tournament and Fund-raiser at



Services captured the team title in the closest finish ever at the annual bowling fund-raiser. Pictured clockwise from bottom, Kevin Smith, Benton Enomoto, Russell Dunlap, James Malone, Terry Brassard. (Photo by Tech. Sgt. Tim Taylor)

the Peterson Air Force Base bowling center Apr. 2, Malone found himself in a do-or-die situation. Needing a spare in the 10th frame of the final game for his team to sneak past LRS for its first-ever championship his first ball left a 4-9 split. However, his second roll kicked the 4 pin into the 9 pin to pick up the spare and put Services on top by one pin. That sent LRS, which finished earlier with a score of 2,608, to second-place. Malone added seven more pins on his last ball for a final team score of 2,616. In the 10th frame, if you strike or spare, you get to roll a third

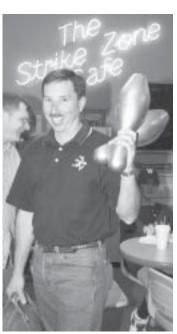
"Without Malone's final roll, we'd have won the tournament," said dejected Thaddus Montgomery of the LRS team. "That clutch shot was a heartbreaker for our team."

ball.

It was also a heartbreaker for Maintenance. The 3-time defending champs finished third with a final score of 2,570. Several of the 20 five-person teams had come in the tournament with hopes of dispatching the champs.

"I think we were putting the pressure on them," said Bob Smith of the AW #3 team, "in the first frame that is."

Though Maintenance,



Mike Sanchez displays a couple team trophies from years past. Maintenance lost the title this year, but still owns three of four championships. (Photo by Tech. Sgt. Stefano Collins)

comprised of Mike Sanchez, Jeff Wendling, Rob Tate, Sol Martinez and Dennis Martin, relinquished its title, team members indicated it was tough falling behind in the early frames. "There wasn't any pressure on us," said Wendling, the team's anchor. "I noticed a couple of teams were bowling pretty good and got up on us early."

When the pressure was on, it all came together for Services, comprised of Malone, Terry Brassard, Benton Enomoto, Kevin Smith and Russell Dunlap. "We told everyone we needed at least a spare or a strike in the 10th frame," said team captain Brassard. "We knew it was close."

"I didn't think the ball would come off the gutter the way it did," said Malone. "It did, and we finished first. We knocked off the champs in the process." And Services exhuberated the type of confidence which should set the stage for a great tournament next year.

"It was a great tournament and everyone had fun," said Tim Taylor of the AW #1 team. "More important was the fact the money goes for a good cause.

Exact figures were unavailable at press time, but the event raised nearly \$1,000.

Top 5 teams: 1. Services - 2,616; 2. LRS - 2,608; 3. Maintenance 2,570; 4. AW #1 - 2,253; 5. Command Post - 2,207

Wing member sets sights on Olympics

By Tech. Sgt. Tim Taylor *Front Range Flyer*

The flame of Olympic hope is burning within the 302nd Airlift Wing. Louis Torres Jr., a computer systems operator with the 302nd Communications Flight, begins his quest for a berth on the 2008 U.S. Olympic Tae Kwon Do team this month. Torres will compete in the Collegiate National Team Trials May 14-15 following a week of intense training in Tampa, Fla.

In early April, his request for specialized sports training was approved so he could attend the training and trials. At the same time he gained approval to attend the Air Force's World Class Athlete Program at the Olympic Training Center in Colorado Springs.

Even though he will wait about a year to begin the program, Torres will not be kicking back and relaxing. During the season, he works out for 2.5 hours in the morning,

then 2.5 hours of kick work later in the day and an additional 45 minutes of lifting. The 6-foot tall, 180-pounder cuts back on his workouts in the off-season. "Out of season, if I don't have a lot of competitions, it's usually about one hour in the morning and one to 1.5 in the afternoon," he said.

Those workouts are scheduled into a calendar which includes his status as a full-time student at the University of Colorado at Colorado Springs, his job in the real estate industry and his military commitment as a traditional reservist.

Torres wants to continue being a part of the wing while chasing his Olympic dream. "I plan to stay here because this is where I'm going to have my training site," he said. "I'm going to continue drilling while I do this." However, he knows he will have to leave the wing next year. "During the world class athlete program, that's your active job. You're assigned to Air Force Sports."

Torres expects the world class program

to be a positive for his future in tae kwon do; he's been involved since he was four. "When I was little, my mom said I was always jumping around," Torres said. "She said I kicked over a lamp watching a Bruce Lee movie so she put me in tae kwon do classes."

He's been competing at the men's level since age 16, was 4-time state champion at Palm Beach Lakes High School in West Palm Beach, Fla., and was a Collegiate National

Team alternate from 2001-2005. He's been a national champion from 1994-2005 and captured the gold medal at the Armed Forces Championships four times. He also attended the Army World Class Athlete Program from 2000-2005.

His collection of medals is impressive – silver at the Collegiate Nationals and Collegiate National Team Trials in 2001, gold and bronze at the U.S. Nationals and U.S. National Team Trials, respectively, in 2002, silver at the 2003 U.S. Team

Trails and bronze at the U.S. Nationals, U.S. Team Trials and Pan Am Team Trials that same year. Last year, Torres captured bronze at the U.S. Open and the Conseil International du Sport Militaire, the latter being the military world championships.

The quest for the Olympics is nothing new to Torres. He came close last year at the U.S. Olympic Team Trials, qualifying for an 8-man "fight-off" for a spot at the Athens, Greece games, but suffered an injury in his first match.

Torres has high expectations for the 2008 games. He won't have to contend with two-time Olympic gold medalist Steven Lopez; Lopez is not fighting this year.

Tae kwon do is a defensive martial art which combines philosophy, mental discipline, physical exercise, and physical ability. It promotes self-defense, good physical condition, self-confidence, respect, justice, and good health, regardless of age, gender or physique.

You bet continued from page 2

we were not fogging up, and that we had the visual acuity to carry out any tasks that might be necessary.

Finally, we entered the chamber, which was in fact a multi-roomed complex to allow multiple classes to train simultaneously. We were followed by a couple of instructors with vials of VX and Sarin. They spread the nerve agents on the surface of a jeep and asked us to use M-8 paper to test the spots. As you can see from your Airman's Manual, the spots may not be very big, so your visual acuity is critical.

We performed some very limited tasks, to include some decon using the 256 kit. As a final test, we were asked to drink from our canteens in the contaminated environment.

Throughout our time in the chamber we were periodically monitored for signs of nerve poisoning, such as pinpoint pupils.

Perhaps the most difficult part was the doffing process. Unlike our exercises here, one slip meant we'd have to go to the doctor for some 2-PAM chloride and Atropine. We undressed in pairs, following procedures similar to our practices, except we each stripped naked and held our breath as we doffed our masks and moved into the showers. The process was not really fast, nor very pretty, but no one in my class was contaminated.

I relate this story because the experience really increased my trust in our suits and our masks. I am far more confident that we can work in a contaminated environment if we have to. I am also far more confident that our doffing procedures actually work. In the end, I really did bet my life, and was rewarded with an increased level of confidence in the suits and our procedures.

In memory of Colonel Eldard

Lt. Col. (retired) Robert Eldard passed away April 9. Memorial services were held April 15 at the Church of Latter Day Saints in Black Forest and interment was at Black Forest Cemetery on April 16.

Colonel Eldard retired March 5 after 42 years of service to the Air Force Reserve. He was Chief of Intelligence for the 302nd Operations Group.



302nd ALCF to hold cargo class

The 302nd Airlift Control Flight will hold a Cargo Prep class Saturday, June 11, 8:30 a.m. to 4 p.m. in Bldg. 108. Those who complete the class will be certified to train cargo prep within their functional areas.

Contact Master Sgt. Jeffrey Flight, 302nd ALCF, at 556-6102, or Master Sgt. Billye Adams, 302nd Logistics Readiness Squadron, at 556-7347, for more information.

Benefits handbook available online

A new edition of the popular handbook, Federal Benefits for Veterans and Dependents by the Department of Veterans Affairs, updates the rates for certain federal payments and outlines a variety of programs and benefits for American veterans.

The handbook can be down-loaded free from VA's Web site at http://www.va.gov/opa/feature.

Did you know you might need funds?

Prior to leaving on a temporary duty assignment you should ensure you have sufficient funds in your government travel card account to cover your authorized expenses. This includes expenses such as lodging, rental car, airline tickets, etc.

If you require additional funds, please contact your unit government travel card point of contact who will need to forward a written request to Donna Winters, 302nd Airlift Wing agency program coordinator.

It is recommended that prior

to going TDY that you ensure your travel card account is open and your card has not expired or will expire while you are TDY. Bank of America has closed accounts due to inactivity and may not have reissued a new card.

Operating hours for pass and registration

Peterson Air Force Base Pass and Registration has changed some of its hours. Pass and Registration will continue to be open from 11 a.m. to 1 p.m. during unit training assemblies.

The Vehicle and Visitor Section is open Monday through Friday, 6 a.m. to 5 p.m. The Identification Section (badges) is open Monday through Friday, 6 a.m. to 2:30 p.m.

Enjoy a parents' night out

For a small fee Peterson Air Force Base Services offers Parents' Night Out one Friday each month. Parents may leave their children in the care of the staffs of the child development center or youth center for a few hours.

Children ages 6 weeks to 5 years will be watched at the CDC and youths in kindergarten through age 8 can go to the youth center.

For more information or to make a reservation, contact the CDC at 554-9572 or the youth center at 556-7220.

LiveStrong bracelet, uniform don't mix

The yellow LiveStrong bracelet supporting the Lance Armstrong Foundation for cancer research is a noble cause. However, the bracelet does not meet the criteria outlined in Air Force Instruction 36-2903, Dress and Personal Appearance of Air Force Personnel.

If these bracelets appear at your unit, please let your Airmen know they are not authorized to be worn while in uniform.

310th Space Group pays tribute to award winners

The 310th Space Group, located at Schriever Air Force Base, held its 5th Annual Awards Banquet and Recognition Ceremony March 5 at the Peterson AFB Enlisted Club.

Annual Award Winners 310th Communications Flight Communications/Computer Systems

Airman - Senior Airman Sack Sounakhene

NCO - Tech. Sgt. Xavier Pereyra Senior NCO - Master Sgt. Guy Johnson

310th Security Forces Squadron Top Cop

Airman - Staff Sgt. Christian Picard

NCO - Tech. Sgt. Sidney Birch Senior NCO - Master Sgt. Robert Ortega

310th Space Group Enlisted Space Operator

Airman - Senior Airman Rigoberto Nunez

NCO - Tech. Sgt. Josh Burdick Unit Annual Award Winners Airman

7th SOPS - Senior Airman An-

thony Etienne

19th SOPS - Senior Airman Rigoberto Nunez

310th SFS - Staff Sgt. Christian Picard

310th CF - Senior Airman Sack Sounakhen

NCO

6th SOPS - Tech. Sgt. Dewayne Robinson

7th SOPS - Tech. Sgt. Norman Reich

8th SWS - Tech. Sgt. Martin Smith

19th SOPS - Tech. Sgt. William Musser

310th SFS - Tech. Sgt. Sidney Ray Birch

Senior NCO

6th SOPS - Master Sgt. Adrian Pruitt

7th SOPS - Master Sgt. Jackie Swett

8th SWS - Master Sgt. Suzette Cherry

14th TEST - Masetr Sgt. Victoria Brautigam

19th SOPS - Master Sgt. Lisa Christensen

310th SFS - Master Sgt. Roberto

Ortega

310th CF - Master Sgt. Guy Johnson

310th SG - Master Sgt. Tiffany Maine

Company Grade Officer

6th SOPS - Capt. Mark Raezer 7th SOPS - Capt. Leland K. Leonard

8th SWS - 1st Lt. Thomas Barrera 14th TEST - Capt. Lyle K. Albert 19th SOPS - Capt. Linda A. Gostomski

310th Space Group Annual Award Winners

Airman - Staff Sgt. Christian

NCO - Tech. Sgt. Sidney Ray

Senior NCO - Master Sgt. Adrian

Company Grade Officer - 1st Lt. Thomas M. Barrera

Quarterly Award Winners Airman

1st quarter - Senior Airman Tanisha Pingel, 9th SOPS

2nd quarter - Senior Airman Matthew Royal, 19th SOPS

3rd quarter - Senior Airman Chris-

tian Picard, 310th SFS

4th quarter - Senior Airman Hollis Vernetti, 310th SFS

NCO

1st quarter - Tech. Sgt. Richard Snow, 310th SFS

2nd quarter - Tech. Sgt. Randall Cates, 310th SFS

3rd quarter - Tech. Sgt. James Crosbie, 19th SOPS

4th quarter - Tech. Sgt. Salvatore Rialdi, 8th SWS

Senior NCO

1st quarter - Master Sgt. Brian Hawcroft, 310th SFS

2nd quarter - Master Sgt. Michelle Zayatz, 8th SWS

3rd quarter - Master Sgt. Lavonne Green, 19th SOPS

4th quarter - Master Sgt. Adrian Pruitt, 6th SOPS

Company Grade Officer

1st quarter - 1st Lt. Linda Gostomski, 19th SOPS

2nd quarter - Capt. Hoang Nguyen, 8th SWS

3rd quarter - Capt. Paxton Mellinger, 19th SOPS

4th quarter - 1st Lt. Thomas Barrera, 8th SWS

Unit Training Assembly Schedule May 14-15

	<u>Time</u>	Event	Location	POC
S	0530 - 0800	Breakfast/Brunch	Aragon Dining Facility	SVMFA/6-4180
	0600 - 0730	"Jump Start" Fellowship	Sandy's Restaurant	HC/6-7428
Δ	0730 – 1600	Newcomers Orientation	Bldg. 893, Conference Room	DPMSC/6-8185
	0730 - 0900	No Meeting Period	All Locations	CV/6-7087
T	0730 – 1630	Physical Exams	Clinic	ASTS/6-1132
	0745 – 1630	MPF Hours	Bldg. 895, Room 219A	DPMSC/6-8185
U	0900 – 1000	Unit Training Manager Meeting	Bldg. 895, Room 203	DPMT/6-7573/7250/7950
0	1000 – 1600	Military Clothing Sales	Bldg. 1466	LSM/6-3227
R	1000 – 1045	Wing Training Planning Council	Bldg. 895, Room 203	CCX/6-0142
1 \	1100 – 1300	Lunch	Aragon Dining Facility	SVMFA/6-4180
D	1100 – 1300	Lunch & A Lift	Aragon Colorado Room	HC/6-7428
	1215 – 1530	CDC/PME Testing	Bldg. 895, Room 203/204	DPMT/6-7573/7250/7950
A	1300 – 1600	Chaplain Available	Bldg. 893, Room 143	HC/6-7428
	1300 – 1530	Self Aid/Buddy Care Refresher	Bldg. 350, Room 2127	ASTS/6-1132
Y	1500 – 1600	Sumit 38 Remembrance Ceremony	Courtyard (Bldgs. 890/895)	CCA/6-7974
	1600 – 1630	Retreat Ceremony	Courtyard (Bldgs. 890/895)	DOOL/6-6153
	1600 – 1800	Dinner	Aragon Dining Facility	SVMFA/6-4180
	1830 – 2030	Enlisted Aircrew Awards	Enlisted Club	DO/6-7258/7252/7251/6273
	2000 – 2300	Late Night Carry-out	Aragon Dining Facility	SVMFA/6-4180
S	0530 - 0800	Breakfast/Brunch	Aragon Dining Facility	SVMFA/6-4180
	0730 - 0830	Chiefs' Group Meeting	Silver Spruce Golf Course	CCC/6-8132
U	0730 - 1200	MPF Hours	Bldg. 895, Room 219A	DPMSC/6-8185
	0800 - 0900	Career Advisor Training	Bldg. 895, Room 203	CCA/6-7702
N	0900 - 1000	3AO AFSC Training	Bldg. 893, Conference Room	SC/6-3299
	0900 - 1000	First Sergeants Council	Silver Spruce Golf Course	CCF/6-8307
D	1000 - 1100	Homosexual Policy Training	Bldg. 890, 2nd Floor Briefing Room	JA/6-8140
	1000 - 1100	Records Management Training	Bldg. 893, Conference Rm	SC/6-3299
A	1000 - 1100	Family Support Unit Representative Mtg.	Bldg. 895, Training Room	DPMFR/6-6505
	1100 - 1200	Junior Enlisted Advisory Council	Bldg. 350	LRS/6-7371
Y	1100 - 1300	Lunch	Aragon Dining Facility	SVMFA/6-4180
	1400 - 1500	Privacy Act/FOIA Training	Bldg. 893, Conference Room	SC/6-3299

✓ Can't make the UTA but you made lodging reservations? Contact Master Sgt. Terry Brassard at (719) 556-4001 or 1-800-

Dinner

✓ Want an event on next month's schedule? Call (719) 556-4117 or e-mail 302aw.pa@302.peterson.af.mil.

Some career fields eligible for reenlistment bonus

Aragon Dining Facility

By Senior Master Sgt. Janice Tucker 302nd AW retention manager

1600 - 1800

Some members of the 302nd Airlift Wing and 310th Space Group may be eligible for a reenlistment bonus. The new bonus list, good through Sept. 30, was recently released by Air Force Reserve Command.

Basic eligibility requirements to receive a bonus are less than 14 years service calculated from pay date; not fulfilling a Palace Chase contract; and possessing a duty Air Force Specialty Code which is on the bonus list at the time of enlistment, reenlistment, affiliation or retraining. For each bonus, there are other requirements.

For more information, contact Senior Master Sgt. Janice Tucker, 302nd AW retention manager, at 556-7702, or your group/ unit career advisor.

Following are the authorized AFSCs for 302nd AW and 310th SG members:

1A1X1 – Flight Engineer

1A2X1 – Aircraft Loadmaster

2A5X1 – Aerospace Maintenance

2A5X1J – Aerospace Maintenance

2A5X3A - Integrated Avionics Systems/

Comm, Nav & Mission

2A5X3B - Integrated Avionics Systems/Instrument & Flight Controls

2A5X3C – Integrated Avionics Systems/Electronic Warfare

SVMFA/6-4180

2A6X1B – Aerospace Propulsion/Turboprop & Turboshaft

2A6X2 - Aerospace Ground Equipment

2A6X4 – Aircraft Fuel Systems

2A6X5 – Aircraft Hydraulic Systems

2A6X6 – Aircraft Elect. & Environ. Systems

2A7X3 – Aircraft Structural Maintenance

2T2X1 – Air Transportation

2W0X1 - Munitions Systems

3M0X1 - Services

3P0X1 – Security Forces

3P0X1B – Security Forces/Combat Arms

4V0X1 – Optometry

Wing Newcomers

302nd Airlift Wing Staff Sgt. April E. Partin Senior Airman Joshua Vigil 302nd Operations Group, Det 1 Lt. Col. Carol A. Pugh Maj. David S. Drinkard

302nd Aircraft Maintenance Squadron

Senior Airman Ryan Williams 302nd Aeromedical Staging Squadron

1st Lt. Samuel W. Downs Jr. 2nd Lt. Barbara A. Bell Staff Sgt. Brian P. Sheridan Senior Airman Carolina D. Atoche Airman 1st Class Sara M. Mautner Airman Aaron M. Hutten

302nd Civil Engineer Squadron Master Sgt. Tiffany A. Maddox 302nd Communications Flight Airman Christopher J. Davis

302nd Maintenance Squadron Staff Sgt. David B. Fancher-Yisrael Staff Sgt. Jonathan I. Jiminez Staff Sgt. Scott C. Jones Staff Sgt. Adrian M. Miera Staff Sgt. Matthew G. Youkey Senior Airman Curtney B. Cannings Senior Airman David Medina Airman 1st Class Tony F. Shaw 302nd Maintenance

302nd Maintenance Operations Flight

Tech. Sgt. Kerry D. Jefferson **302nd Security Forces Squadron** Airman 1st Class Hope A. Bracken Airman 1st Class Zachary C. Johnson Airman 1st Class Michael J. Pollard

302nd Services Flight

Senior Airman Armando Villanueva

39th Aerial Port Squadron Staff Sgt. William T. Campbell Sanjar Airman Mika Barala

Senior Airman Mike Barela Senior Airman Kenneth G. Brown Senior Airman Shauna A. Romero

Airman Vincent West

731st Airlift Squadron
Maj. Christopher J. Kornmesser
Tech. Sgt. Robert P. Russ
Staff Sgt. Amy L. McColloch

8th Space Warning Squadron Staff Sgt. Jameson M. Hansen Staff Sgt. Jamie S. Lijewski

19th Space Operations Squadron Staff Sgt. David P. Hodge

Sharp Troop of the Month

Name: Angelo R. Apodaca Rank: Senior Airman Section: 302nd Services

Flight

Job: Services Specialist Date assigned: October

2002

Hometown: Colorado

Timothy S. Berry

David Joseph Burachio

Colleen M. Cameron

Michael K. Cole

James P. Guerette

William T. Horvath

Trammel A. Kincaid

Christopher T. Lay

Leland K. Leonard

Paxton S. Mellinger

Philip J. Mendicki

Springs, Colo.

Hobbies: Outdoor activities, 4-wheeling, fishing, riding motorcycle (Suzuki 600

Sport)

Favorite thing about your job: "I love the people interaction in my unit. Services is a great working environment and the people make it fun."

Supervisors - Do you have an exceptional troop whom you would like to nominate for Sharp Troop of the Month? If so, contact the editor of the Front Range Flyer at 302aw.pa@302.peterson.af.mil, or call (719) 556-4117, or toll free (800) 446-9624.

Wing Promotions

Major

Hoang T. Nguyen

John A. Peschio

Kristin L. Simpson

Marylan S. Starbuck

Keith D. Sudder

Ryan M. Tanton

David E. Way

Frank S. Wilde

Jennifer D. Wilson

Tamara L. Wise

Ivan R, Wood

Career assistance advisors here to help

By Senior Master Sgt. Janice Tucker

302nd AW retention manager

Within the 302nd Airlift Wing each group and most units have career assistance advisors who are available to help you with many issues.

Granted, their main mission is to encourage you to stay in the Air Force Reserve; however, they can do much more. CAAs can advise members on career progression, reenlistment/extension, incentives and help resolve problems and/or refer members to appropriate agencies for help.

Also, they can assist commanders and supervisors in career counseling, and provide reports and statistics to help commanders recognize issues which may be affecting retention.

If you need assistance, please contact one of the CAAs listed below. Your group CAA can direct you to your unit CAA as appropriate.

Wing Retention Manager - Senior Master Sgt. Janice Tucker, 556-7702 302nd AW - Master Sgt. Paul Burnett, 556-7718; Senior Master Sgt. Randy Robson, 556-3338

310th Space Group - Senior Master Sgt. Jeanne Berry, 567-7094

302nd Mission Support Group - Senior Master Sgt. Mark James, 556-5186 302nd Operations Group - Master Sgt. Beatrice Mueller, 556-6220

302nd Maintenance Group - Master Sgt. Michael Ribich, 556-3048

Retirees

302nd Airlift Wing Tech. Sgt. Gary Bell

302nd Maintenance Squadron

Tech. Sgt. Kevin Buffard Tech. Sgt. Raymond Starks

302nd Logistics Readiness Squadron

Tech. Sgt. Jeffrey Hogg

302nd Operations Support Flight Lt. Col. Robert L. Eldard

302nd Civil Engineer Squadron

Master Sgt. Barbara L. Huber Master Sgt. Joseph Paradiso

302nd Maintenance Operatons Flight

Senior Master Sgt. Barry Robinson 39th Aerial Port Squadron

Tech. Sgt. Dennis Whiteside

901st/302nd Reunion Western Barbecue and Dance

Saturday, Aug. 6, 5:30 p.m. Bldg. 210, Bay 1



Aug. 5, Social at Officers Club, 6 p.m., For info, call Mary Griffith at 556-4397

Aug. 6, Golf Tournament For info, call Dennis Martin at 556-4773



302nd AW eyes ASEV satisfactory

By Tech. Sgt. Tim Taylor *Front Range Flyer*

Mother Nature tried her darndest, but only managed to delay the inevitable. The 302nd Airlift Wing will be receiving an "official" Satisfactory rating on the recent Aircrew Standardization and Evaluation inspection.

The final ASEV rating was put on hold last month after a blizzard socked the Colorado Springs area with high winds and several inches of snow April 10. An ASEV inspector will return to the wing to complete the testing phase of the Aircrew Performance category during the May UTA.

"You guys did an absolutely stellar job," said Brig. Gen. William P. Kane, 302nd AW commander during the ASEV outbrief. "Excellents are extremely hard to come by. Don't be too disappointed with a Satisfactory. Be proud of what you did do well."

Lt. Col. Karl T. Schmitkons, 302nd Operations Group commander, echoed the general's sentiments. "As far as I'm concerned, this is outstanding," he said. "You folks did an excellent job. I think this is a great result."

The ASEV team doled out several Satisfactory ratings in various categories, but also handed down Excellents in five areas – Q-1 Average, Review and certification, Flight Manuals, Flight Crew Info File, and Go/No Go.

Several members of the 302nd OG and 731st Airlift Squadron were recognized by the ASEV team for their efforts during the inspection.

Top Performers were Lt. Col. Gary Carlton, 302nd OG chief of Standardization/Evaluation; Maj. Barry Curtis, 731st AS tactics pilot; Senior Master Sgt. Thomas Farley, 302nd OG Stan/Eval flight engineer; and Mas-

ter Sgt. Kenneth Kunkel, 731st AS/flight engineer, AIRCAT Program.

Honored for In-flight Performance were Lt. Col. John Richey, 731st AS navigator; and Lt. Col. William O'Brien, 731st AS navigator.

Special Recognition certificates were



Lt. Col. William O'Brien (left), 731st Airlift Squadron navigator, receives a certificate from Brig. Gen. William P. Kane, 302nd Airlift Wing commander, at the Aircrew Standardization and Evaluation inspection outbrief. (Photo by Tech. Sgt. Tim Taylor)

awarded to Colonel Carlton; Lt. Col. Edward Strickland, 302nd OG Stan/Eval navigator; Maj. Robert Weimer, 731st AS Stan/Eval pilot; Sergeant Farley; Master Sgt. James Keup, 302nd OG Stan/Eval loadmaster; and Master Sgt. Robert Engevold, 302nd OG work group manager.

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the 21st century. If there is anything in the wing's C-130 mis-



Master Sgt. Jeffrey A. Flight, 302nd Airlift Control Flight loadmaster, rolls up a cargo strap during Peak Spirit 05. (U.S. Air Force photo)

sion he can't do, I haven't seen it "

Sergeant Flight is quick to point out his award "is a total team effort from the

loadmasters." He noted the program's success is a direct result of the help he received from fellow instructor loadmasters Senior Master Sgt. Pete LaBarre, Master Sgt. Greg Uthe and Master Sgt. John Eichenberg, as well as Tech. Sgt. Rich Rowcliffe, 302nd ALCF communications technician, who helped teach classes with the four loadmasters. "Without them I wouldn't have gotten this award," said Sergeant Flight.

The loadmaster award is special, Sergeant Flight feels. "It means a lot because the person who won it last year is pretty respected in the airlift control flight world; to follow in his footsteps is an honor."

That individual is Master Sgt. Thomas O'Brien, 439th ALCF, Westover Air Reserve Base, Mass.

Additionally, Sergeant Flight administered a highly rated instructor loadmaster section, cohosted an airlift deployment training program conference, supported the wing's annual ATSO exercise and MAFFS mission, and played key roles in

support of several joint forces exercises and missions.

Off the job, Sergeant Flight helped organize a Neighborhood Watch program and volunteered with voter registration for the 2004 General Election.

Whether individually or as a team, every member of the 302nd ALCF showed they deserved the command's vote of confidence in 2004.

